

## **Feng Shui and Your Home**

How would you rate the energy inside your home? We not talking utility bills here but rather Chi – the bright, uplifting and refreshing feeling that encapsulates you when you in your home space. According to Feng Shui the windows and doors in your home influence the flow of power, nourishment and energy in your home. If you looking to uplift the quality of your homes energy and restore much needed balance and air; consider these few points:

### **Flow**

Just like water, Chi or positive energy requires space to flow. If your front door is obstructed it prevents Chi from entering your home. Take a moment and check that you don't have too many ornaments or perhaps even trees or plants blockings your front door. An open and inviting space at the entrance of your home is sure to bring in loads of Chi.

### **Due South**

The direction your front door is facing will also guide you in terms of selecting the best color. Bagua are the eight compass points that each compliments a specific element. Southwest works in harmony with Earth, it also signifies love and maternal energy. Sandy or earthy shades work very well for doors facing this direction. An East facing door compliments wood for example and naturally you would lean to more tones that include green or brown. Doors facing South compliment the element of fire, so red, yellow, magenta and even purple is full acceptable and even encouraged in that case. The idea of each Bagua is harmony, so by following the direction of each element as it were you will quite easily make any space more inviting.

### **Size Counts**

Over the years as families and homes grow in size what is often neglected is the amount of windows and doors required to continue the flow of Chi. If your home was formally a single story house with a single front and rear door but over some time has expanded into a triple story mansion then you most definitely require three times the amount of doors and windows to sustain your flow of positive energy.

### **Nailed It**

It goes without saying that doing some ongoing preventative home maintenance will save you mega bucks in the long run. If your doors and window are not well kept, peeling and squeaky; this too affects the flow of Chi. After seasonal changes take a weekend and just get stuck in. Sand down those doors and windows; give them a new lick of paint and varnish and you will be smiling all the way to the bank in a few years.

### **Beyond the Rose Bush**

Remember the overarching principle of Feng Shui is balance. So what you do within your home must also be implemented and sustained outside of it. Give some thought to your garage doors, perhaps even that of your outside tool shed and front gate. Are you neglecting your garden? The idea is to make your entire home, from the beautiful rose bushes right through to the barbeque area, an absolute sanctuary.